

LUXURY RIVER TRIPS P. 68

Sunset

LIVING IN THE WEST

Create a dreamy backyard retreat

Orange
County's
coolest
shops

yum!

ICE CREAM PIES

- * Apricot almond
- * Strawberry cream
- * Malted milk ball

YOU CAN GRILL THAT?

Bruschetta, salads—
21 new
recipes!

JUNE 2011

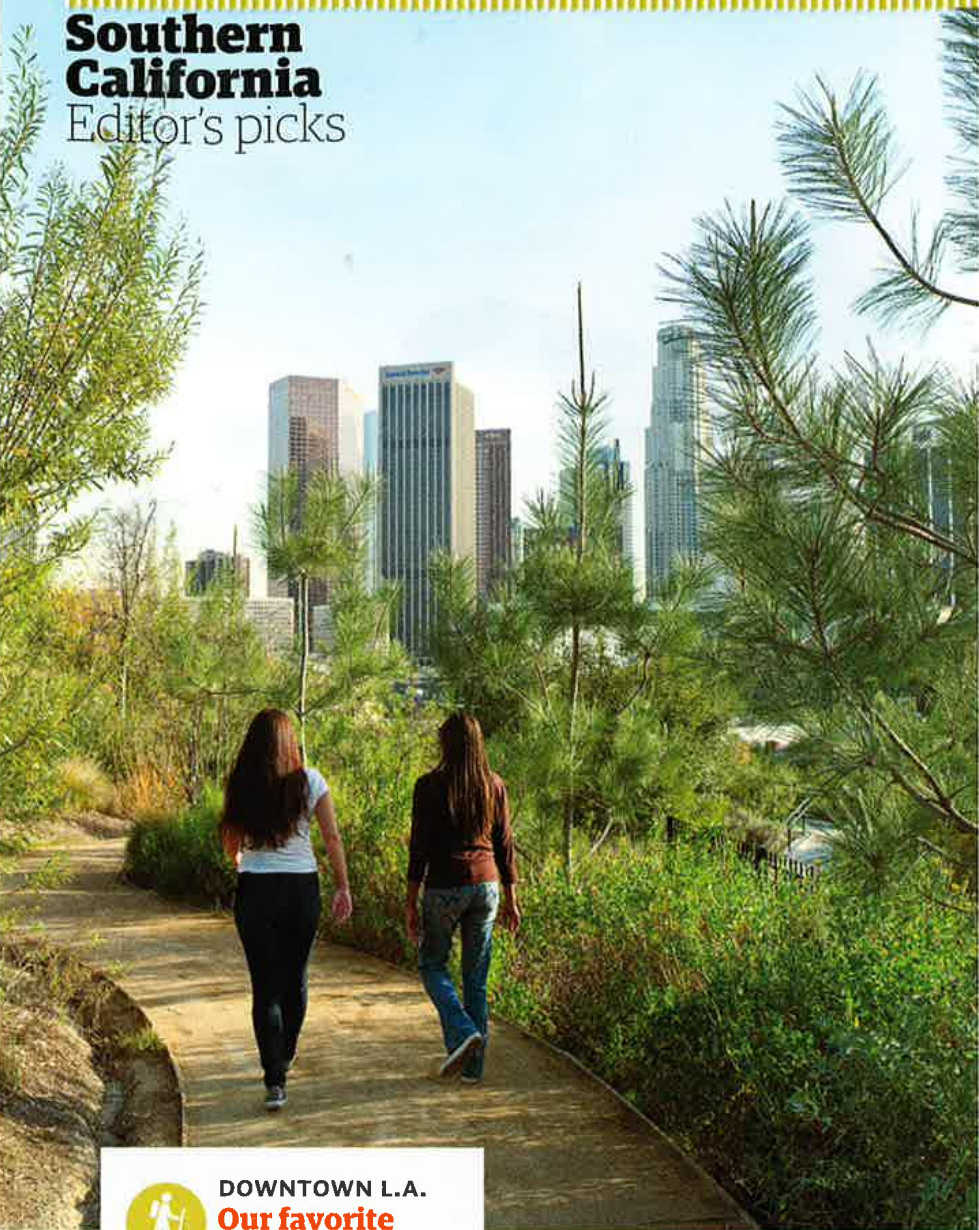
\$4.99US \$6.50CAN



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Southern California

Editor's picks



DOWNTOWN L.A. Our favorite secret park

The first new downtown park in 115 years, **Vista Hermosa** lies just blocks from the 110 freeway but feels far, far away. Ten acres of rolling hillside are covered in oaks and coastal chaparral, blooming with color, and suffused with the clean smell of sage. Hike the trails and picnic by the waterfall, or just kick back on the grass and watch the gulls fly over Disney Hall. Free naturalist-led campfire programs (with marshmallows!) start next month. 100 N. Toluca St.; lamountains.com

—JENNY PRICE



PACIFIC PALISADES A BEACHFRONT DIVE GOES GLAM

If you remember **Gladstones** as an old surf shack with peanut shells on the floor, you're in for a surprise. The storage freezers are long gone (the lobster is always fresh now), and the new look is navy-and-white nautical chic with massive "jumbrellas" and an 8-foot sandbox stocked with castle-building gear on the patio. Itching to hit the beach? They'll pack you a basket (\$50 for 2) with a tasty lunch of fish and chips or crabcakes, and towels for your seaside picnic. \$\$\$; 17300 Pacific Coast Hwy.; 310/454-3474.

—KWALA LURIA

Don't miss... the first-ever **San Diego Cocktail Week**. Starting June 20, restaurants and bars around town will shake up new sips. The finale is the **Spirits Festival** (Jun 25-26), where tastings, mixology seminars, and a bartender face-off come with bay views from the new Port Pavilion building. sandiegospiritsfestival.com



AROUND L.A. Ice cream with benefits

Vegan ice cream? Trust us on this one.

KindKreme is the world's first raw, vegan ice cream shop, and even though they've axed the cream, we swear it's the best we've ever tasted. Raw cashews, almond milk, and coconut take the place of traditional dairy. And the health perks? One of the 30 or so flavors, "superfood" (chocolate with goji berries, cacao nibs, hempseed, and açai) has the vitamin and mineral equivalent of a garden salad. Other favorites: cinnamon raisin, mint nib, and vanilla soft-serve with salted caramel sauce—shockingly made without butter. kindkreme.com —JESS CHAMBERLAIN